



Board Breaking & Holding Seminar

January ~~24~~³¹ at 1pm

at Kim's Academy 1617 S. Longfellow



Schedule:

1:00 pm Black & Red Belts Board Holding

1:30 pm All Belts Boarding Breaking

(\$3 per board for real boards)

2:30 pm End Seminar

**Black Belts & Red Belts are
strongly encouraged to
attend the entire seminar!**

All Kim's Academy Students are welcome to attend.

**There is no cost to attend the
seminar** but there will be an option to practice
breaking real boards for a fee of \$3 per board.

KABBA Members receive 2 free boards with participation.

Instructors, please bring your rebreakable boards!



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THE MICRO TOURNAMENT SERIES

By Kim's Academy of Taekwondo

Sparring event for ages 12-15

Saturday, February 28, 2026
Check-in at 12:30 P.M.
1617 S. Longfellow Cir

Cost: Free
Limited sparring gear available to borrow
Safety equipment required to participate

Sign up at the main school. Pre-registration is encouraged, but same day registration is accepted.
Other ages will be eligible at later events

Black Belts & Red Belts of all ages are
needed to help run this tournament!



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