



# Board Breaking & Holding Seminar

**January 31 at 1pm**

at Kim's Academy 1617 S. Longfellow

**Black Belts & Red Belts are  
strongly encouraged to  
attend the entire seminar!**



## Schedule:

1:00 pm Black & Red Belts Board Holding  
1:30 pm All Belts Boarding Breaking  
(\$3 per board for real boards)  
2:30 pm End Seminar

All Kim's Academy Students are welcome to attend.

**There is no cost to attend the  
seminar** but there will be an option to practice  
breaking real boards for a fee of \$3 per board.

KABBA Members receive 2 free boards with participation.

Instructors, please bring your rebreakable boards!



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Black Belts & Red Belts of all ages are needed to help run this tournament!



## THE MICRO TOURNAMENT SERIES

By Kim's Academy of Taekwondo

**Sparring event for ages 12-15**

Saturday, February 28, 2026  
Check-in at 12:30 P.M.  
1617 S. Longfellow Cir

Cost: Free  
Limited sparring gear available to borrow  
Safety equipment required to participate

Black Belts & Red Belts of all ages are needed to help run this tournament!



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