



Board Breaking & Holding Seminar



January 24 at 1pm

at Kim's Academy 1617 S. Longfellow

**Black Belts & Red Belts are
strongly encouraged to
attend the entire seminar!**

Schedule:

1:00 pm Black & Red Belts Board Holding

1:30 pm All Belts Boarding Breaking

(\$3 per board for real boards)

2:30 pm End Seminar

All Kim's Academy Students are welcome to attend.

**There is no cost to attend the
seminar** but there will be an option to practice
breaking real boards for a fee of \$3 per board.

KABBA Members receive 2 free boards with participation.

Instructors, please bring your rebreakable boards!