

COLOR BELT TESTING

BASIC REQUIREMENTS:

Instructor approval & mastery of specific skills for each rank * Waiting period of at least two months * Participation in tournaments & demonstrations when possible

FEE: see instructor (cash or check only)

Additional Training Opportunities

- Family Class, Saturdays 10–11 am
- Sparring Class, Saturdays 11 am–12:30 pm

Kimsacademy.com and our
Facebook group are great
resources for information!

Details

WHAT: testing to achieve the next rank (level); you will need to know techniques, **poomsae** (forms), sparring, and breaking appropriate to your belt level

WHEN: designated Saturdays throughout the year (time varies by rank)

WHERE: Kim's Academy Main School

DOUBLE CHECK: that your testing form is completely filled out and has been signed by your instructor(s) before your test date



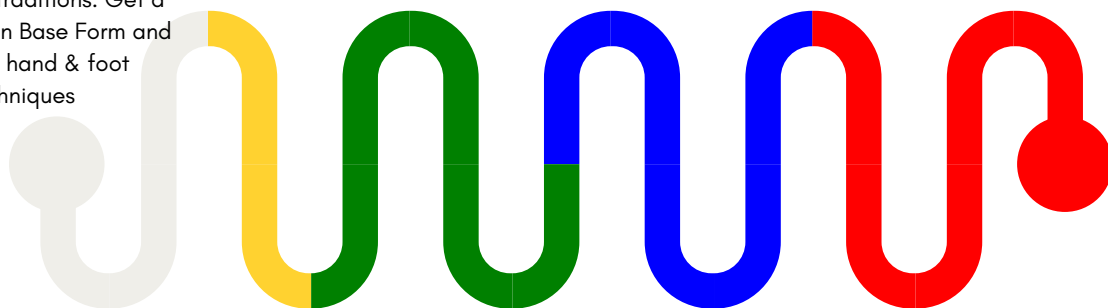
Timeline

Welcome to Taekwondo & your Kim's Academy family! Learn about the school, tenets, and traditions. Get a uniform. Learn Base Form and beginner hand & foot techniques

As you progress, ask for feedback from your instructor

Be sure you are learning how to free spar with control and break boards as part of your training

Ask your instructor for information about how to progress toward your black belt



After the test for yellow belt, you will need to know **two new forms plus all of the previous ones** for testing

Higher belts in your class can also help you