

January 25, 11am - 4pm Black Belt Training Event

At Kim's Academy Main School, 1617 S. Longfellow

Open to all Kim's Academy Black Belts.

Free to 2020 KABBA members, \$5 for non-members.

RSVP to kabba.board@gmail.com to reserve your spot.

Classes to be offered:

Sparring Techniques - Master Ken Louis, 5th Dan Master Instructor

When is the right time to take a step back on the mat? When is the right time to try a back kick? If you don't know, Master Louis will be sharing fundamentals of sparring and the most effective drills for instructors to help students practice footwork to move around the ring.

Korean Terminology - Grandmaster Joon Y. Kim, 9th Dan Grandmaster Instructor

Go beyond "charyiot" and "joon-bi." In this class, Grandmaster Kim will give an overview of Korean terms relating to taekwondo techniques.

Teaching Self-Defense - Sr. Master Dany Monares, 6th Dan Master Instructor

Not a Self-Defense skills class, but a chance to learn how to structure a class for the non martial arts person. Master Monares teaches.

Specialty Kicks - Mr. John Bozeki, 3rd Dan Instructor

Take your demo planning to the next level. Mr. Bozeki brings the "WOW" to this class that displays high-flying, super-rotating, viral video-making kicks. Along with teaching the techniques, the class will include direction to help instructors teach the moves to their students.

Running a test - Sr. Master Josh Mostowitz, 6th Dan Master Instructor

Do you know what the Masters up front want to see during a test? Curious about which techniques need to be ready when? Master Mostowitz will go over running a test, from basic to advanced techniques, and how to prepare students for a successful test experience.