

Kim's Academy Board Holding/Breaking Workshop

Saturday March 2, 2019

Instructor: Sr. Master Steve Hilburn

Location: Main Branch (1617 S. Longfellow, Wichita, KS)

Schedule of Events

12:30 – 1:00 Board Holding Clinic

Focus: Teenage & adult Red and Black belts.

Beneficial for all belts to understand how their board(s) should be held

1:00 – 1:30 Board Breaking Clinic

Open to all belts (need to arrive by 12:30)

1:30 – 2:00 Practice

All ranks



Open to all Kim's Academy students!

All ages and belt levels that want to learn how to hold boards and understand how to break boards at belt tests, demonstrations and tournaments!

Cost: Non-perishable food donation for Kansas Food Bank

Note: This workshop is a focused supplement to the training that you receive at your regular branch school location.