



KIM'S ACADEMY OF TAEKWONDO BLACKBELT ASSOCIATION NEWSLETTER

Volume 17– Number 6 September,
2010

SCHEDULE OF EVENTS

Meeting Date: September 11, 2010
Meeting Time & Location: 12:15
Main Dojang

October 16 KS City, KS
Tournament

22 217th Belt
Promotion Test
6:00 PM

23 217th Belt
Promotion Test
12:00 Noon

23 4:00 PM Cookout

December 17 218th Belt
Promotion
6:00 PM

18 218th Belt
Promotion
Test 12:00 Noon

18 Christmas
Banquet

KABBA –



Kim's
Academy Black
Belt
Association
(KABBA)

Agenda

1. Call Meeting to Order -
2. President, Alicia Looney
3. Roll Call - Pass Sign-In Roster
4. Minutes Recap - Secretary,
5. Terese Lewis
6. Treasurer's Report – Treasurer,
7. Jessica Mallard
 - Korean TIGERS Event - Status Update

Old Business

8. Tournament Organization Master Spreadsheet(s) - Invitational & Friendship
 - Update from Alicia Looney - Status of master "tournament-organizer" spreadsheet
 - Christmas Fund Report – Ron Hawkins
 - Status - Table Storage Rack; Purchase of non-powered floor sweeper
 - Resume discussion of replacing targets/pads for Main Branch (Cyndy Mundt pricing update)
9. KABBA Invitational Tournament Sponsorship - Volunteer Scholarships replacing Program Ads
 - Update from Cyndy Mundt and Alicia Looney - ideas for fair distribution & eligibility guidelines

10. Web Page Update - all info
11. current?
Current Committees - Status Reports (**If anything to report, share, request - now is your forum**)
 - Scholarship Committee - Nicole VanNatta
 - Cookout/Christmas Committee - Ron Hawkins
 - a. Preparations for Christmas Banquet to consider?
 - b. Need some new/additional volunteers to help with Testing drinks?
 - T-Shirt Committee - Terese Lewis
 - c. 2010 Invitational Shirts - Ending status
 - d. 2011 Design Contest - Status Update
 - Test-Board Keepsakes - Scott McKinney (We need a name for this committee/fundraiser?)
 - BRAND Merchandise Committee - Jr. Master Bart Grelinger
 - e. Status Hats
 - f. Additional merchandise to consider offering?
 - Parents Night Out - Bill/Caroline Park
 - Membership Committee - Nicole VanNatta
 - g. Voted to upgrade from "Committee" to function of KABBA Board Vice President
 - h. Present Updated By-Laws for formal approval

Second 2010 Friendship Tournament -
Sept 18, 2010 Collegiate Lower School
Gym

Volunteer –sign-up sheet?

- Last Minute Planning?

New Business

12. Upcoming Demo's - (Note: Updated Generic Demo Flyer - Distributed by email and is also on web site)
 - Asian Festival
 - Any others?
13. 2011 Board Elections - President and Secretary positions: Terms expire Mar, 2011
 - Nominations at November meeting
 - Elections at January 2011 meeting
14. 2011 Membership Renewal - Start Collecting Dues in October 2010
15. Any Others?

Announcements / Bereavements

Kim's Academy Friendship Tournament

Saturday, September 18
Wichita Collegiate Lower School
Gymnasium
9115 E 13th St.
Registration 10am, Competition 11am
\$15 entry, \$10 for each additional family member
Open to all Kim's white and colored belts and junior black belts.

MESSAGE FROM JIM MATHIAS

Ten weeks of Dying, Ten Days of Living By: Jim and Katrin

My brother John was going to die, a fact that the family was unaware of, unprepared for and simply never even considered.

After five weeks in the hospital John was going to be released, completely incapable of performing the most basic tasks of self care, with absolutely no identified medical condition, no definite prognosis, or clear instructions for continued care. I can attest to the panic, fear and hopelessness we faced. I was begging God for guidance, praying for insight and seeking His help.

After a few weeks at home, John was re-admitted to the hospital, subjected to a further battery of tests and countless transfusions. Us? Simply put, we were done. We had provided 24/7 care; exhausting our strength, exhausting our emotions and most importantly, exhausting our spirits.

And then God answered our prayers, the prayers of our church families and the prayers of our many friends.

John was still going to die, that had not changed. John still could not perform the basic tasks of self care and he was still going to require 24/7 at home care. God sent us angels in the form of hospice into our lives. Those wondrous people brought understanding, compassion and empathy that can only be understood through experience. That was only the first of God's gifts; God graced our family with His strength, His peace and His mercy that empowered us to cover John with love and care for him in all the ways needed to ease his pain, discomfort and emotional stresses he may have been suffering. God took this burden and turned it into a joyous mission.

John lived for ten days after his release from the last hospital stay. He was surrounded by his loving family and we trust in God's mercy and forgiveness that John was reconciled to Him and he is now resting in His loving embrace.

Two years ago, Katrin and I both accepted Jesus as our Lord and Savior, without that connection, without the growth in our faith and without the support of our friends, this chapter in our lives would have been written quite differently. I give my thanks and praise to our Almighty Father, for it is through Him all things are possible.

You might be wondering why this testimonial is included in a Black Belt newsletter, Katrin and I are blessed with an incredible Taekwondo family that stepped up and covered all our teaching and other obligations. To all that helped, too all that prayed and to all that was with us in spirit – Thank you!

REPORT BY JR. MASTER RON SMITH

A lot has happened over the last month. We were able to bring the Korean Tigers to Wichita for a couple classes and a wonderful demonstration. Master Sejin Pak from Kansas City brought the team down to help support Grand Master Kim. On August 5th we were able to hold a class at Wichita Collegiate School with the Tigers demonstration team, we had 46 black belts (including 2 red belts) participate. We had about an hour of class, then they showed us a little insight to

what Friday nights demo would bring. I think a few of us found out we weren't kids anymore, between the sprints and jumping there were a lot of torn muscles and possibly egos, but overall I don't think anyone who participated felt shorted, it was a fantastic time. Unfortunately Master Kim kept asking why our kicks were so much higher in that class than in his classes, so I think we raised the bar a little on ourselves. Friday afternoon Master Kim has a 1pm class that he let the Tigers run, and a few of us attended that one also. It was really neat to see the expressions on the normal afternoon class participants as they entered the dojang and saw what was in store for them. Again there was jumping and sprints involved and I must say another great sweat. So Friday evening again at Wichita Collegiate School they put on a demonstration for the public. We didn't have a lot of time to get the word out, so we were not sure how many people we would get. We put fliers out where ever we could and sent letters to other martial arts schools to invite them as well. Much to our surprise, we almost filled the gym to capacity and the event was very successful. The Tigers put on a great show and by the way the audience lined up afterwards to shake their hands and get their autographs and pictures I think no one left not getting a great value for the small entry fee.

So I would like to thank everyone within Kim's Academy that helped us any way they could, and a special thanks to the following people who spent a lot of time and effort to get the word out and make

arrangements to make this event fly. Grand Master Kim, Master Pak, Nicole Vannatta, Terese Lewis, Cyndy Mundt, Alicia Looney, Lisa McGee (Moore) and Jessica Mallard (Who got us the Collegiate School). There were others that did a lot and if I missed mentioning you I am sorry (old age). The whole thing was very successful and when they return (maybe next year) we will know what to do and be better prepared. So all of Kim's Academy can pat yourself on the back.

August also brought us belt promotion testing, as well as pre-test for black belts and red belt black tips. This was particularly exciting for me, because I was able to pre-test for 5th Dan. Jr. Master Carl Beck and I have been working out together and wondering who would run our test. Well we found out, but it wasn't who we thought it would be. Somehow I ended up running the test. It is harder than you might think, trying to give a test that works you out, but doesn't look like you are being nice to yourself. If it happens again in October I will be more prepared this time and try to make it a little harder. It is nice to know Master Kim had the faith in me to run a descent test and it was an honor to do so. It is an honor to be a part of Kim's Academy and also to be able to teach classes representing Master Kim and the Academy.

I have a great bunch of students at the South Branch YMCA that has really stepped up to help myself and Mr.. Beck get prepared for October. I can't thank you all enough and hope we are able to continue on for a long time to come.

Ron Smith
4th Dan

News from the Dojangs

El Dorado Branch – Master George Walters, Instructor

The class as a whole has done well keeping our numbers in the upper 20's or low 30's. The largest class is the Monday 6-7PM class with about 20 students. We also offer a little tykes class at 5:30-6:00 on Monday taught by Richard Kerwood, an advanced class 7-8PM Monday, and a second regular class Wednesday 5:30-6:00 PM.

About 8 members of the class attended a demonstration for Walnut River days in El Dorado. It was hot but well attended and all members of the class got to break some boards. All members of the class that participated enjoyed the event.

We intend to test about 6 students this time but no Black Belts.

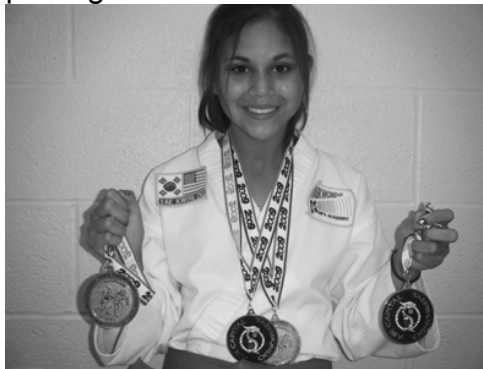
My status as instructor is somewhat in question. I have been working to get approval to attend classes at WSU for BioEngineering and as some of you may know if you attend school you are no longer eligible for Unemployment. There is the possibility to obtain an internship if I am approved and that will allow me to stay local. While we are figuring this out my status remains in limbo.

But enough about me. As you all know Tae Kwon Do is very much an individual sport and you get back out

what you put in. I'm with Master Weaver who says that the Korean Tigers are an example of what you can do training 8-12 hours a day and being 20 years old

An example of getting out what you put in is one of my students Anna. She has been a regular in my missives because she continues to excel. Since I haven't provided any input to the last couple of newsletters I'll bring you up to date.

In addition to the Junior Olympics qualifying at Colorado Springs, Anna Solis participated in the Mid-Continent Open Tournament. She placed in four events, Forms, Sparring, weapons, and weapons sparring.



Anna Mid Continent Medals

Anna also participated in the Junior Nationals, qualifying for Nationals by winning four events. Her experience at Nationals was not as good as hoped but she still managed a Gold for Weapons, and a Silver for Weapons sparring.



Anna Junior Nationals June
2010 Orlando, FL

Finally I'd like to tell everyone about Wayne Cavanaugh. I believe he is an example of indomitable spirit. He will be testing for his yellow belt in August. He is 68 and has a 60% disability in one leg after a fall last year but has returned to get his belt.

NW YMCA – Master Bonnie Bowman

The Taekwondo class for the NW Y has moved to the church across the street (Believer's Southern Baptist). Classes are back on Tuesdays and Thursdays and we have a nice large carpeted room to train in. Class times are:

Advanced: 5:30 – 6:30

Beginning: 6:30 – 7:30.

Feel free to stop by and see us.

I would also like to know how interested adult black belts would be in a friendship tournament for them sometime. The NW Y has encouraged us to do something to help promote our class and I got to thinking about how every time we have a friendship tournament it is always for colored belts or young blackbelts. So I thought I would ask to see if there was enough interest to put together an adult blackbelt tournament.